# PE and School Sport Action Plan LewTrenchard Church of England Primary School 2019–2020

**Background -** The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators -** The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

**Funding -** Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2019/2020	Funding allocated: £16,910 + C/F (£5,397) = £22,307		
Lead Member of Staff - TBC	2019-2020	Joe Reeves (PE Subject Leader) with TA Support (Matt Knight)		
Total fund allocated – £22,307	To be Updated – June 2020			

	Key achievements to date:
•	Maintaining high levels of engagement in curriculum PE with the support of specialist coaches and providers.
•	Ensuring that after school provision is high quality and engaging for all children
•	Provide a wide range of activities for all children including foundation stage.
•	Provided a wider range of playground equipment to support in the development of active playtimes.  Young sports leaders role developed with training

and support to deliver activities for younger children.

Subject leader attending PE lead meetings and

Children attended multi skills festivals which gave

them a competitive experience.

events.

#### Areas for further improvement and baseline evidence of need:

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programs to increase the number of children active for 30 active minutes. Eg: active maths and literacy/active classrooms and ensure a range of programs are on offer.
- To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity

   with a focus on dance
- To upskill pupil leaders within the school to promote health and wellbeing and leadership.
- To deliver outdoor learning programs to engage reluctant writers/mathematicians through learning in the outdoors. – wild tribe outdoor learning.
- To introduce the absolute education monitoring tool to measure rates of participation in after school clubs and competition.

Key Indicator 1 : The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To purchase further playground equipment (Huff and Puff Equipment) to offer a broader range to all pupils at break-times and lunchtimes – including young sport leader training for upper key stage two children - increase activity at playtimes and lunchtimes. Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children have access to a high quality experience in PE. EYFS and Gymnastic equipment	£2750	This will result in an increase in pupils taking part in regular playtime physical activities. Equipment audit to be completed and new equipment purchased and used to support delivery of physical activity.	Audit and purchase equipment. Continue to train playground leaders to ensure delivery can continue. Ensure there is a 3-year - plan in place to continually update, maintain and improve PE resources and equipment

To deliver a whole school health and well -being day to support the development of active and healthy diets and lifestyle awareness and choices for all children. (summer term)	£292.50	Successful day to be delivered with knowledge of health and well -being gained by all pupils.	Encourage the children to develop their own healthy choices in terms of diet and physical activity. Investigate a health and well-being week for the children.
Introduce active learning activities (including Super Movers) as a daily physical activity to form part of the menu for 30 active minutes for children.	Free resources available through BBC Sport.	All classes have implemented daily warm ups as part of core lessons.	Review active maths and literacy programme and extend to foundation subjects.
Develop a 30 minute timetable to include all activities which are delivered by playground leaders.	Funds allocated to purchase equipment.	Spring 2019 Young Leaders training completed with Plymouth Argyle (no cost to school)	Continue to deliver an active timetable across the school.

## Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Continue to develop playground leaders with the support of teaching staff in order to encourage more children to be physically active at break and lunchtimes.	Free training from Plymouth Argyle	Playground leaders delivering activities on a daily basis raising the profile of physical activity.	Continue to provide sports leadership opportunities for children. Continue to widen young leader training to year 5 and 6.
To continue to develop sports leadership as part of the school council to raise the profile of PE and school sport and increase pupil voice and engagement in PE delivery.	School Council already in place.	10 pupils a member of the School council.	Continue to develop and extend opportunities for the whole school. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.

To deliver wild tribe learning/interventions - to	£4725 - 36	Whole school improvement	Continue to up skill staff in the
engage children in literacy/maths learning through	weeks 1	link to areas of academic	delivery of active classrooms and
physical activity in the outdoors/wild tribe	session per	achievement.	learning in the outdoors. Utilise
intervention – KS1 and KS2.	week of Wild		current level 3 trained Forest School
	Tribe learning.		Practitioner – has facilitated
			outdoor learning trips and events.

#### Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance, swimming, to include wild tribe conference and other courses – widen staff knowledge and increase variety of PE available to pupils.	£450 – arena membership	Inclusive PE curriculum which up skills teachers and pupils. Currently staff upskilled in Gymnastics, multi-skills and football.	Build into future inset training whole school training in PE and school sport.
PE Subject lead/TA Lead development and meetings/training – including staff cover/release from school – encourage leadership in PE in school and ensure diversity and purposeful PE planning and evaluation. Update PE notice board with ASC and event updates.	PE teaching staff Lead – 10 hours cover throughout year - £300  TA – 38 x 1 hour @ oncost rate of £13 per hour = £500	PE leads to target pupil groups. More children encouraged to attend after school clubs	PE leads to deliver inset training to whole school on key elements. Continue to support the development of PE subject leadership in school.
Purchase specialist PE coaching with focus on upskilling staff over time – widen PE provision and upskill staff.	Athletics - £780 (From Tavistock Fitness)	Fluency, consistency and broad curriculum coverage.	Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.

OCRA service level agreement to provide staff training, subject leader meetings and networking and learning community PE events to ensure PE provision is broad, engaging and carefully planned and evaluated.	£1730	Developing opportunities for PE knowledge to be shared across the school.	Develop how teachers and coaches make both children and parents more aware of PE progress and next steps for development.
Subject leader in PE to introduce SOW and monitor the teaching of PE and develop a curriculum map linked to events/competitions – including developing increased opportunities with other MAT schools	2 days supply cover to release PE lead = £300	SOW development planning begun with regard to Arena 6 week schemes being introduced to support assessment.	Develop whole MAT systems/networking events in 2019-2020.

## Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Purchase specialist PE coaching with focus on upskilling staff over time to provide Multi-Skills Coaches (Including After School Clubs) – widen PE provision and upskill staff.	As Above	Successful sessions delivered including after school clubs which are accessed by over 50% of the school population.	Wider range of opportunities will continue to be offered to engage disengaged pupils.
Plymouth Argyle Coaching to widen from football to rolling programme of football, invasion games and cricket – wider coaching to engage wider range of children.	£2280	Wider coaching has increased engagement in PE lessons as observed by teachers and supported by positive feedback from pupils.	Needs of target groups continue to be addressed.

Cross-country, netball, tag rugby and multi-skills clubs set up to engage children who do not engage in team sports	No cost	Continue to improve attendance at a wide range of Sport ASC.	Continue to offer a range of different sports to engage the least active children. Multi-skills club run for 1 term – popular and to be repeated – helping to engage younger children in particular.
Dance and yoga coaching to provide PE provision which is wider and upskills children and staff.	£780 supplied by Tavistock Fitness	Whole school delivery was successful. Take up from pupils and parent sessions implemented with community sessions offered in dance and pilates/power yoga.	Community sessions also continue to run.
Years 2/3 Forest School Provision – weekly sessions offered by qualified level 3 practitioner in line with increasing engagement and physical activity as well as developing a range of practical skills and general confidence.	£105 per session x 36 weeks = £3780	Forest school sessions have previously been successful in academic and social/emotional interventions in upper KS2.	Weekly x 1 afternoon sessions with forest school practitioner from Wild Spaces.

Key Indicator 5: Increased participation in competitive sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To compete in the Okehampton Learning Community events – TA PE lead in school day (cover) to attend events.	12 x 2 hours x £13 per hour = £312	Working in partnership to increase participation and success in competition.	Last year's data - 12 events/approx. 156 children attending across the year (some places taken by same children at different events).
Transport to events and competitions	£300	Increase in the numbers of pupils participating in competitive opportunities within school.	Audit and improve recording if children participating in competition in school – ensure all

			events are recorded on Absolute Education.
Intra competitions to be delivered in MAT schools through alternative days and sports days.	Part of SLA	Increase in the numbers of pupils participating in competitive opportunities against other schools.	Ensure wider target group take up opportunities to compete.
Swimming program to support an increase in the number of children who can swim 25m by the end of year 6.	£1411	Significant increase in the number of children who can swim 25 metres.	Introduction of the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.
Meeting national curriculum requireme	Please complete all of the below:		
What percentage of your Year 6 pupils could swim co distance of at least 25 metres when they left your prir	86% last year's data - This year's data to updated end of July 2019 after KS2 swimming complete		
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?			86% last year's data - This year's data to updated end of July 2019 after KS2 swimming complete
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?			86% last year's data - This year's data to updated end of July 2019 after KS2 swimming complete
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?			No

Total funding allocated to date: £20,690.50

Total funding to be allocated: £1616.50

Total funding: £22,307